



Recycling do's and don'ts

DOs



PAPER

- Photocopy paper
- Letters
- Office paper
- Old books
- Magazines
- Continuous computer paper
- Paper plates
- Pizza boxes
- Newspaper
- Cardboard (flattened)
- Corrugated board
- Wine boxes
- Egg boxes
- Tetrapak cartons

PLASTIC

- Plastic wrappers
- Cling Wrap
- Shopping bags
- Milk bottles (please rinse)
- Sauce bottles (please rinse)
- Plastic coldrink bottles (please rinse)
- Plastic sandwich boxes (please rinse)
- All forms of clean polystyrene

GLASS

- Beer bottles
- Wine bottles
- Glass Coke bottles
- Sauce bottles & jars
- Drinking glasses

CANS

- Food cans (please rinse)
- Beverage cans (please rinse)
- Aerosols (must be empty)

E-WASTE

- CD Players
- DVD Players
- Computer & electrical cables
- Old cell phones
- Computers
- Electrical appliances

DON'Ts



PAPER

- Post-it Notes
- Laminated paper & board
- Foiled laminated paper
 - Powdered soup packets
 - Sauce packets
- Carbon paper
- Tissues & paper towel

PLASTIC

- Foil laminated plastic
 - Chip packets
 - Sweet packets
- Black refuse bags
- Woolies / Pick 'n Pay food containers

GLASS

- Window glass
- Light bulbs
- Opaque glass
- Ceramics & crockery
- Pyrex dishes
- Crystal
- Mirrors
- Laboratory glass
- Automotive Glass
- Laminated glass

ORGANIC WASTE

- Food waste
- Garden waste

HAZARDOUS WASTE

- CFLs (Fluorescent lights)
- Batteries
- Paint tins
- Oil cans
- Etc.

Hazardous waste must be disposed of separately at a dedicated Hazardous Waste Site and cannot be added to general recyclable waste.

Did you know ?

- Recycling one ton of paper saves:
 - 17 trees
 - 2 barrels of oil
 - 4100kw of energy
 - 27.2kg of air pollution
- Recycling a glass bottle saves enough energy to light a 100w bulb for 4 hours!
- Recycling 1 tin saves enough energy to run a TV for 3 hours!
- Incinerating 10,000 tons of waste creates 1 job. Landfilling the same amount creates 6 jobs, recycling the same 10,000 tons creates 36 jobs!
- Recycling aluminium drink cans saves up to 95% of the energy needed to make aluminium from its raw materials.
- E-waste is any old electronic equipment that is no longer working or wanted. Electronic waste often contains chemicals which can be harmful to the environment such as mercury and lead.



Retirement Planning

- If you had purchased R1,000.00 of Nortel stock one year ago, it would now be worth R49.00.
- With Enron, you would have had R16.50 left of the original R1,000.00.
- With WorldCom, you would have had less than R5.00 left.
- If you had purchased R1,000 of Delta Air Lines stock, you would have R49.00 left.
- But, if you had purchased R1,000.00 worth of wine one year ago, drunk all the wine, then turned in the bottles for the recycling REFUND, you would have had R214.00.

Based on the above, the best current investment advice is to drink heavily and recycle.

