Zero Waste Week - Food Waste Audit

September 2020

Item	Why am I throwing it away?	Improvement	weight
Few slices bread	Went mouldy	Could have frozen half the loaf	158 gms
Potatoes	Gone soft and sprouted	Cut off sprouts and use in mash	260 gms
Banana	Brown speckled	Peel, slice & put in freezer for baking / smoothies	124 gms

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